

# The Buddy Club

The **Buddy Club** is a social skills group for kids 4-6 years of age. Young children learn about themselves and the world through the relationships they establish. Children who experience difficulty interacting with and relating to peers during early childhood may develop issues in other aspects of their life. Therefore, targeting social skills early enhances a child's global development. Children develop relationships through play; play allows children to use their creativity while developing their imagination, dexterity, and physical, cognitive, and emotional strength. Play allows children to create and explore a world they can master.

The **Buddy Club** focuses on strengthening age-appropriate peer interaction, teaching prosocial behaviors, practicing self-regulation, targeting executive functioning skills, and engaging in theory of mind exercises to promote social development. The club will have a maximum of 8 children with 2 adults.

Within a safe and fun environment, each child will be able to have a positive ongoing experience with other children. Each session will begin with opening songs/movement experiences followed by break out play activities and games that target social development. The core portion of each session will be the group process, in which the group will engage in teachings from Michelle Garcia Winner's *Incredible Flexible Me* social thinking curriculum.



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**The camp will be facilitated by Jennifer Berry, MFT Trainee.**

Jennifer is currently a Marriage and Family Therapist Trainee completing her clinical internship at the Center for the Vulnerable Child, Children's Hospital and Research Center Oakland. She has specialized in working with children diagnosed with Autism Spectrum Disorder (ASD) and related developmental disorders. In May 2014, Jennifer is expected to graduate with a Master's Degree in Counseling Psychology for Marriage and Family Therapy/Licensed Professional Clinical Counselor from Saint Mary's College of California. For her master's thesis, she is focusing on the development of siblings of children diagnosed with ASD. Jennifer graduated with a Bachelor's Degree in Psychology from the University of Southern California in 2009 and has been providing therapeutic services to address the global functioning of children with mental health disorders for the past five years. She has worked under Misty Sorenson, M.S. LMFT, Steps Therapy of San Francisco, and the Lovaas Institute for Early Intervention in L.A., Ca.

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**Location: [Developmental Pathways for Kids](#)**

452 Grand Street, Redwood City, CA 94062

**Camp Dates (Saturdays- 2014):**

January 11, 25

February 1, 8, 22

March 1

**\*No Make Up Sessions**

**TIME:** 9:30 am -11:30 am

**COST:** \$300

# The Buddy Club

Name:

Age:

Parent:

Email contact:

Phone contact:

Allergies/Special diet restrictions:

I give permission for my child to participate in the Buddy Club at Developmental Pathways for Kids.

In case of emergency, I give permission for Jennifer Berry to seek medical care for my child.

Signed:

Date:

**Camp Dates (Saturdays):**

- January 11, 2014
- January 25, 2014
- February 1, 2014
- February 8, 2014
- February 22, 2014
- March 1, 2014

\*No Make Up Sessions

**Time:** 9:30-11:30 AM

**Cost:** \$300.00

**Please enclose check payable to: Jennifer Berry  
mail to:**

**452 Grand Street  
Redwood City, Ca 94062**